



Term 2

## Newsletter

June 2026

### Naa Marni everyone

It seems like Winter has finally arrived and it has brought an increase in colds and other illnesses. This is a good time to remind everyone that illness can spread quickly in a children's centre as we all spend a lot of time together playing, singing and enjoying meal times. It also means that we are touching surfaces, sharing resources (& sometimes germs).

While the educators & children do a great job of washing their hands throughout the day, coughing into our elbows and keeping the Centre clean (along with our cleaner Cairu), the **most effective way to reduce the spread of illness** is to keep your child home if they are unwell.

This is an important component of our [Child Health Policy](#) and staying home when sick or unwell is something that we encourage in our educators too.

The wonderful part about winter is that it transforms our outdoor play spaces and gives us so many different things to discover- things like changing light through trees that have lost their leaves, wet sand & dirt in the digging patch, water droplets hanging off bushes and gutters and of course puddles!!! Check out this wonderful Nature Play resource [25 things to do in Winter](#).

### Important Dates

June 17	Kindy Transition visit Management Committee 6-8
June 20	Mid Year Celebration
June 24	Kindy Transition visit
June 27	Wonder & Wisdom event @ Enfield Community Centre
July 3	Last day Term 2
July 4	Dads Playgroup 9:30-11
July 20	TERM 3 STARTS

### Announcement to change to our Late pick up Fee

We currently have a late fee of \$2.00/minute for children who are picked up after 6:00pm (or 12:30 for a morning session).

From Term 3 (20/7/26) this fee will change to **\$5.00/minute**. This is to cover the staffing costs associated with 2 staff needing to stay back after the Centre is shut.

Preschool children who are not collected at 3:30 when preschool finishes will be signed into child care and the relevant After preschool costs of \$37.50 will be applied to your next account.

Thankfully we do not have to implement these fees very often & we appreciate your support in collecting your child on time.

### POLICIES CURRENTLY UNDER REVIEW:

If you would like to contribute to the review of these policies, they are available to read on our [website](#) or you can request a copy from the office.

- [Supporting Interactions with Children Policy](#)
- [Supervision of Children Policy](#)

Email responses to  
[Lee.jones410@schools.sa.edu.au](mailto:Lee.jones410@schools.sa.edu.au)

RATED

**EXCEEDING**

NATIONAL QUALITY STANDARD



## Community Development Co-ordinator

### Wonder & Wisdom Intergenerational event. Saturday 27<sup>th</sup> June 10:00-12:00

This a free a local event planned for Grandparents (or Grandfriends) and their grandchildren to share some activities together at Enfield Community Centre (Regency Road). C.a.F.E Enfield is partnering with Port Adelaide Enfield Council & Enfield Bupa to run this event.

**Multi-Cultural Women's Group** - I have been running the Multi-cultural Women's Group here at C.a.F.E Enfield for many years. It is a great opportunity for women to come together from many cultures and share lots of learning and experiences. We provide free childcare, however we do need to register families so we can make sure the childcare meets within our regulations. Next term we will be running a program called "The Garden", a playgroup type experience delivered by Relationships Australia. It is a regular Wednesday morning during term time, 9.30am-11am.

### I'm available to have 1:1 conversation about Toilet Learning

If you're thinking about starting with your child or you have started and you have questions about "What now". I can make an appointment to meet face to face or happy to have a phone conversation at a convenient time for you.

To register for any of the above groups and programs or you just need some more information please feel free to contact Jill on either 83423329 or [jill.meldrum@sa.gov.au](mailto:jill.meldrum@sa.gov.au).



[startingblocks.gov.au](http://startingblocks.gov.au)

The Commonwealth Government family friendly website, [StartingBlocks.gov.au](http://StartingBlocks.gov.au), includes useful resources for families, such as:

### [Choosing a service](#)

This section explains the NQF and the 7 quality areas that are important for better health and education outcomes for children.

### [How to support your child through early childhood education and care](#)

These resources guide families on how they can support children during the settling in period or transition to school – and offers insights into guiding children's positive behaviour.

### [The importance of play in children's learning and development](#)

This section explains why learning through play is one of the most important ways children learn and develop.

### [Regulatory Activities](#)

This section helps families understand how regulatory authorities monitor and support early childhood education and care services, and how these processes contribute to quality and safety.

### [Educational programs](#)

Families can learn about what quality educational programs look like in early childhood education and school age care.

### [Health and safety in services](#)

This provides information on managing common illnesses in early childhood settings, sun protection, and supporting children with additional health needs.

# Goodbye Lee-Anne



Sadly it is time for us to say farewell to Lee-Anne as she journeys into retirement to spend more time with her grandchildren and family. We are all immensely grateful for the contribution Lee-Anne has made to C.a.F.E. Enfield Children's Centre over nearly 20 years,

Lee-Anne started as our finance officer (1 day a week) way back in August 2006 & it was not long before she increased to 3 days per week.

Throughout her time with us, Lee-Anne has been a vital member of the leadership team and our Centre community- ensuring that the centre has always remained financially viable whilst also being as affordable as possible for families. Her technical and financial knowledge has supported us through building

upgrades, outdoor re-developments, the expansion from part-time to full-time preschool, significant changes to child care subsidy, funding arrangements, grant applications, workforce payments, tax rules, superannuation legislation and so much more!

Beyond her finance talents, it is her warmth, friendliness, community minded approach and generosity that will be missed. Lee-Anne has been a constant figure at working bees and centre events, helping in every way she could, and she has been a part of our Management Committee for over 15 years.

The Kurna people do not have a word for goodbye. Instead they say "nukutha" which means "see you later" and we certainly hope that we will continue to see Lee-Anne as she will always be an important part of our Centre history and future.

## WE PLAY OUTDOORS IN ALL WEATHER

Did you know that the Kaurna word for the winter is *Kudlila*? *Winter is when the cold weather (Manya) comes and the earth is washed (Kudlinthi)*. It is a time that we continue to play outside, even in the rain. Later in this newsletter you can read about the benefits of playing outside during winter.

**Please pack warm clothes, a rain coat and some gum boots** for your child each day (we have some spares at the Centre too).

If your child has grown out of their winter coat from last year and you need a new one then use our **“Coat Swap”**, near the front entrance to the Centre. Just bring in your old coats and swap it for one that is the right size.

**Exposure to cold weather does not induce a cold or make the symptoms of a cold worse.** (*adapted from Nature Play SA- Learning Outdoors risks/benefits*)

There is a myth that many adults believe, that staying inside during cold, wet weather will protect children from coughs and colds. There is considerable research from immunologists and other health professionals, including Professor Raina MacIntyre (Professor of Infectious Diseases and Epidemiology, University of NSW) that this is simply not true.

**Colds are caused by viruses** which are often transmitted in cold weather because we tend to huddle together indoors. Being outside in the fresh air is the best way to minimise colds and viral diseases spreading.

**Benefits of playing outside during the winter:**

- Prevents the spread of illness by having exposure to fresh air
- Children learn about seasonal changes and weather patterns in a real way.
- Enables children to experience changing weather and recognise signs in nature about changing weather (Eg birds flying back to their tree before rain; clouds building up before a storm).

Being outside in the rain (or after rain), presents a variety of new challenges for children to overcome, both physically and cognitively which supports problem-solving, and co-ordination as they navigate new ways to do things. Rocks become slippery, walking in muddy ground requires a greater level of muscle co-ordination, and tree branches and logs are more difficult to manipulate when they are wet.

**Remember “There is no such thing as bad weather only bad clothing!”**

